Coronavirus (COVID-19) Alternative Treatment and Prevention

Can alternative treatments help SARS CoV-2 symptoms? For more than a year now, millions of people worldwide have been seeking alternative treatments to prevent infection or treat symptoms of COVID-19.

Thankfully, over the past 12 months, hundreds of posts have been sent into Earth Clinic from people with diagnosed or suspected COVID-19 symptoms, detailing which herbs, supplements, and combination of home remedies helped strengthen their immune system and heal.

Alternative Treatments for COVID-19

At the top of the reader-recommended list of alternative remedies for Covid-19 and based on numerous studies are High-Dose Melatonin, followed by Vitamin C, and Colloidal Silver.

Other suggestions include supplements like Iodine, Selenium, Zinc, Monolaurin, Grapefruit Seed Extract, Sea Salt, and Oregano Oil. A Complex Carbohydrate diet is also recommended, as are alkalizing foods.

High-Dose Melatonin

Earth Clinic's top contributor Art Solbrig has written extensively about the effectiveness of melatonin for COVID-19 recovery. Do not miss reading his 3 important articles on the subject:

Melatonin Protocol for COVID-19

25 Scientifically Proven Ways Melatonin Can Fight SARS CoV-2

Melatonin Recovery Testimonials and Dosage

Potassium

Author Bill Thompson (Candida, Killing so Sweetly) reports that potassium is an essential supplement during Coronavirus recovery. Bill also provides an extensive list of supplements and herbs that he is taking to prevent COVID-19. You can read his protocol here.

Covid-19 Long Haulers

COVID long-haulers are people who continue to feel symptoms long after getting the disease. The patients tend to be younger and many suffered just mild initial conditions. Read the successful protocols from Earth Clinic readers who used a number of different remedies to get better here.

*** Make sure to also view the Contributor Q&A section for post-covid long haulers here.**

Continue reading below for hundreds of posts from Earth Clinic readers about the top natural remedies to treat SARS CoV-2.

Please let us know what has helped you recover from this virus.

Source: http://www.earthclinic.com/cures/coronavirus.html

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